



Ana-Maria Alexandru, Learning Coach

Ana-Maria is a Romanian Psychologist who specializes in Psycho-Socio-Pedagogy, Trainer of Trainers certified by the National Council for the Adult Professional Development (CNFPA), Life Coach and Action Reflection Learning Coach.

As a result of the 14 years of experience and practice in the area of training and coaching, she held business development courses in front of almost 6000 participants and she coached personal clients during over 1200 hours of life and business coaching.

In the first 7 years of entrepreneurship she has created, developed and consolidated success training systems on behalf of the world's biggest international company specialized in wellness and wellbeing. Among the various types of training that she delivered are: client oriented excellence services, personal business development, and motivational speakers and trainers development.

For the last 7 years, alongside her private coaching practice, she has been creating and delivering courses for personal productivity in an organizational context, with the aim of providing harmony between business and family as the foundation for personal efficiency in a professional environment.

Defining her coaching style with the motto "Dare to live the life you love!" she created her own niche: "*Love your life*" Coaching, which has the purpose to facilitate for every person she coaches to experience a perpetual next-level type of self-discovery leaving them with the renewed enjoyment of personal beauty, happiness and prosperity.

Also, Ana-Maria loves to contribute to noble & worthy causes, being a long-time supporter of various non-profit organizations that are dedicated to bettering life like WWF, Avaaz, and Landmark Education. Her declared mission in life is to contribute to the continuous human development, in order to facilitate people's access to full self expression, self confidence, courage & fulfillment. For the last year she has been applying ARL methodology in high school teams, for better learning and heart felt relationships between students and teachers.

Having the fortune to manage and develop an organization of more than 100 multilevel network leaders as part of the family business, she has a rich practice of team coaching workshops all over the country.

We develop your leaders while they develop your business.