



Paula Mintzies, Learning Coach

Paula Mintzies is a member of LIM's North America Regional Team and she brings her experience of working dynamically within the non-profit world - within the mental health, education and health sectors.

Paula has served in many different professional roles: as the Founder and Director of a multi-social service school based program serving youth at risk in New York City; as Executive Director of the George Bird Grinnell American Indian Fund; as a Consultant in helping to design and support the implementation of an alternative junior high school in New York City; as the Director of Training and Special Projects Consultant at the Institute for Mental Health Initiatives in designing curriculum to support an anger management program; as Education Program Development Advisor/Consultant to a school on the Blackfeet reservation – working with staff, administrators, students and families in building teams to develop programs to help youth achieve their potential; as an Integrative Mind/Body Practitioner and Coach – helping individuals to improve the quality of their lives, to support them in dreaming and in realizing goals; and as a LIM Learning Coach – providing executive coaching, and team development. Within all of these capacities, the common thread of her work is that of being a change agent - bringing together key stakeholders within an organization so that collaboratively and with genuine respect and understanding they can develop a shared vision, develop and implement a plan to make this vision become a reality – realities where the life of the individual, team and/or organization is enhanced.

Paula has Bachelors in Psychology, a Masters in Social Work and Doctorate in Social Welfare (Policy and Planning).

Areas of capability include:

Action Reflection Learning	Organizational Change Management
Team Development	Life coaching to facilitate personal growth and development ... overall wellness
Executive Coaching	
Cross Cultural Communication	

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