



# Stop and Reflect

Issue: # 159

November 2013

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A Story About Sustainability

## UPCOMING EVENTS

### WEBINAR



***Creative ways of developing people when costs count***

**Don't miss it!**  
**Nov. 11 2013**  
**9pm Shanghai**  
**8 am New York**

[Find out more](#)

**Coaching Teams for High Performance**



Dear Reader,

A colleague shared with me recently how she is asked at work to convert her reports into simple bullet points, because, she was told "There is no time to read the full report". This caused her to wonder how bullet points could possibly convey the full meaning of a report's content that required reflection, pondering, and some intellectual work to really grasp its essence.

But it's now a reality: we have to minimize the attention given to every individual item, in order to hopefully stay on top of all we need to do. This is fine, as long as **we are not the ones** who are asked to convert two months' of work into seven bullets.

*What is going on here?*

You will find the answer in these three bullets:

- Pace, tasks, time
- Wake up time
- What's the solution

Find out more about the powerful design to become a [High Performing Team](#)



### Quick Links

Missed an issue? Find them in the [Newsletter Archive](#)

[More On Us](#)

**Did you make your pledge?**

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### Stop and Reflect

Editor: [Isabel Rimanoczy](#)  
Co-Editor: Tony Pearson

**Start the Day with a Breath of Fresh Air**



[Sign up for Isabel's Quote of the Day](#)

Or read more. (And check out the **Quote of the Month** at the bottom - inviting you to Stop and Reflect...)

## Pace, Tasks, Time

By Isabel Rimanoczy

Carrie walked into the office and shut the door. The meeting had been too long, and its goals were unclear, so she used the time she had to sit there to make some progress on her really important tasks. Fortunately everyone had their portable devices open so it was not too obvious that she was busy with something else. She wondered if others were doing the same. She felt a bit guilty but rapidly diffused the feeling saying to herself that there was no other way to keep up with all she was asked to do. She wondered if others felt the same way.

Yes, meetings are frequently too long, the goals often unclear, resulting in disengaged participants. But there is another topic that I want to focus on today. Pace, tasks, time. [Read More...](#)

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[We want to hear from you!](#)  
[How do you cope with this?](#)  
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## How engaged are corporations with sustainability?



### Surprising results

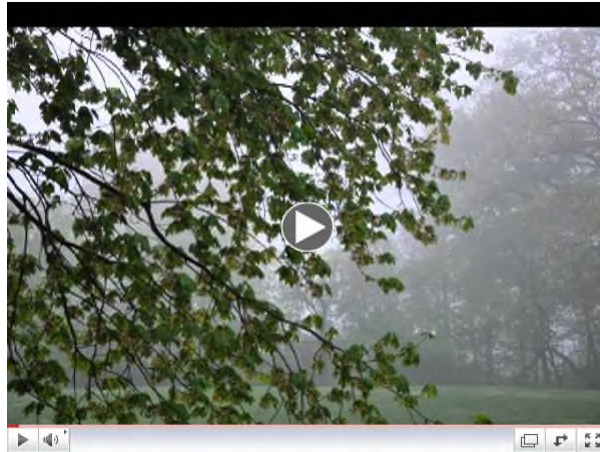
The 2013 annual survey of BSR/GlobeScan about the state of Sustainable Business polled over 700 leaders.

- When asked to choose which sustainability issues need collaboration the most, climate change and public policy frameworks promoting sustainability are ranked highest.
- Only one in five companies has fully integrated sustainability into business.
- Engagement between sustainability functions and corporate functions such as marketing, R&D, and finance remains very low.

- Collaboration by BSR member companies focuses more often on engagement with NGOs and other businesses than it does on engagement with government.

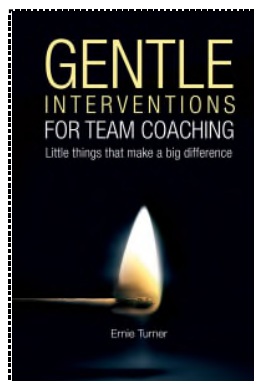
[Read more](#)

## Give yourself a little gift



One Minute Relaxation from The Positive Classroom

## It's Out!!



### **GENTLE INTERVENTIONS for TEAM COACHING** **Little things that make a BIG difference**

Have you wished there was a book with simple tools, that you could just read and try out next morning with your team, and that would be so powerful that it would qualify for the "best of the day" for everyone?

Wish no more and check out Ernie Turner's latest book with stories and tools that are powerful, simple and fun. [Click here](#)

## QUOTE OF THE MONTH

*The greatest weapon against stress is our ability to choose one thought over another.*

*William James*

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