

Grace Kagahastian



Manila, Philippines, PCC, ACTC
Transformational Coach - Mastery Level
Shared Leadership Team Coach and a Mentor Coach
Masters in Strategic Human Resource Management
Organizational Development Practitioner
Executive Coach
Interest Media Influencer

Grace Kagahastian, Shared Leadership Team Coach of LIM

Grace Kagahastian is a globally recognized Transformational Master Coach, currently serving as a **Shared Leadership Mentor Coach with Leadership in Motion Philippines**, a former faculty member of **Coach Masters Academy**, based in Singapore, a **senior coach & facilitator at Kaizen Leadership Asia**, and an independent solopreneur.

With more than two decades of practice in organizational development and human resources, Grace works as an executive coach, mentor coach, and team coach, supporting Filipino and expatriate leaders and teams and helping organizations grow through their people.

Named among the **Top 100 Filipinos on LinkedIn** for five consecutive years and inducted into the **Top 100 Most Influential Women Hall of Fame**, Grace's impact has also been recognized through the **Asia's Woman Award** from the Leadership Congress in Singapore for her dedication to empowering individuals and teams. She also provides pro bono coaching and support to schools and nonprofit organizations, extending her commitment to social impact.

During the pandemic, Grace founded ***Pause with Grace***, a movement supporting high-performing individuals and teams in achieving sustainable performance without the need to burn out. Her work spans Europe, the United States, Australia, and Southeast Asia, with a focus on well-being, mental health, leadership, and professional growth across diverse industries.

Beyond coaching, Grace likes to create meaningful content across LinkedIn, TikTok, YouTube, Facebook, and Instagram. With a community of more than 30,000 followers, she continues to share practical insights that support people in achieving their goals and living and leading with greater intention. Grace is also passionate about shaping the next generation of coaches, both within and beyond the corporate world.

Areas of capability and interest include:

- Culture Change and Organizational Development
- Client Engagement and Business Development
- Workshop Design and Facilitation
- Executive Coaching, Family Coaching and Team Coaching
- Branding and Content Creation

Contact Grace at pausewithgrace@gmail.com

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